
THE ART OF POLITICS

Erasmus+ Youth Exchange,
Tammispea, Estonia

1 May – 8 May 2024



Co-funded by
the European Union



ABOUT THE PROJECT

" THE ART OF POLITICS " is an Erasmus+ Youth Exchange that will be held in Tammispea, Estonia, from 1st May (arrival day) until the 8th of May (departure day).

The project will gather 36 youngsters (5 from each country + 1 group leader) from Estonia, Turkey, Serbia, France, Italy and The Netherlands (age 18-29).

Young people often lack interest in politics and prefer to remain detached from it. The aim of this project is to increase the political participation of youth at both the local and international levels and to enhance their knowledge of political topics. The project will convey to the youngsters the importance of active participation in politics. During the Youth Exchange youngsters will share their knowledge and experiences of political participation from their home countries to learn from one another.

The APV meeting will be ONLINE via ZOOM from *5th April to 6th April 2024* (1 leader + 1 participant).



THE GOALS OF THE PROJECT ARE:



- To increase the participation of young people in politics by studying the topic through the use of non-formal methods, sharing experiences and learning from one another.
- To develop an interactive, non-formal, one-for-all training for high schools or youth centers. The training, focused on the topic of politics, aims to increase political participation among youngsters. This training will also serve as a means of dissemination.
- To share experiences of youth political engagement in different European countries with varying political situation.
- To explain to the youngsters the importance of active participation of young people in politics.

PARTICIPANT PROFILE

- Aged 18-29
- Ability to communicate in English
- Active individuals who are eager to participate in and organize activities.
- Interested in learning more.
- Curious about what is happening in the world around them.
- It is not necessary to have a strong background in politics or to know everything about it!



WORKING METHODS

All project activities will be conducted using non-formal education methods.

These activities will include brainstorming together, plenary discussions, simulations, role plays, team building, energizers, ice breakers and many others.

Non-formal education is voluntary, non hierarchical and all its methods are based on the concept of learning by doing.



ACCOMADATION AND VENUE:

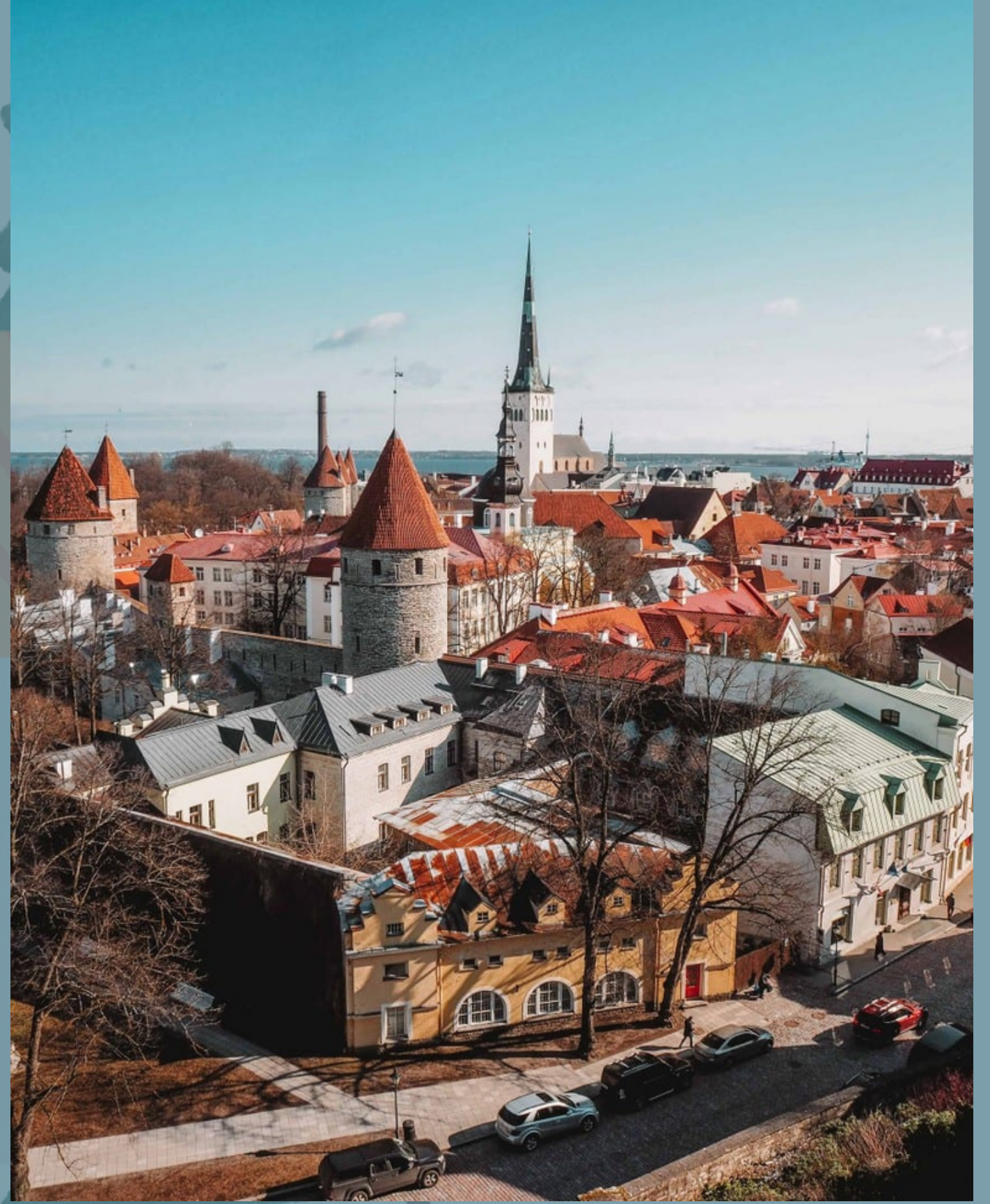
We will stay in Tammispea (70 km from Tallinn), at the youth suburban camp Vihasoo, located in the Lahemaa National Park and natural protected area. This wonderful place is situated next to the Baltic sea (100m). We will be accommodated in cottages with the capacity of 4-6 persons. Our rooms are clean and simple but do not have unsuited bathrooms. They will be in separate houses. On the territory we have two wooden session rooms, sport places for volleyball and basketball, dining room, fireplaces and nearby also the sea! Bed linen and small towels are provided. Wi-Fi is available, and everyone will have the opportunity to use it. A full board is provided during the youth exchange. Additionally, snacks or sweets can be purchased at the camp in the small shop. For adults (people who are over 18 years old), it will be possible to buy beer or wine. **ONLY CASH** in € is accepted! The last night of the Youth Exchange we will spent in the capital of Estonia, Tallinn.

More info: <https://tammispea.ee/>

TAMMISPEA

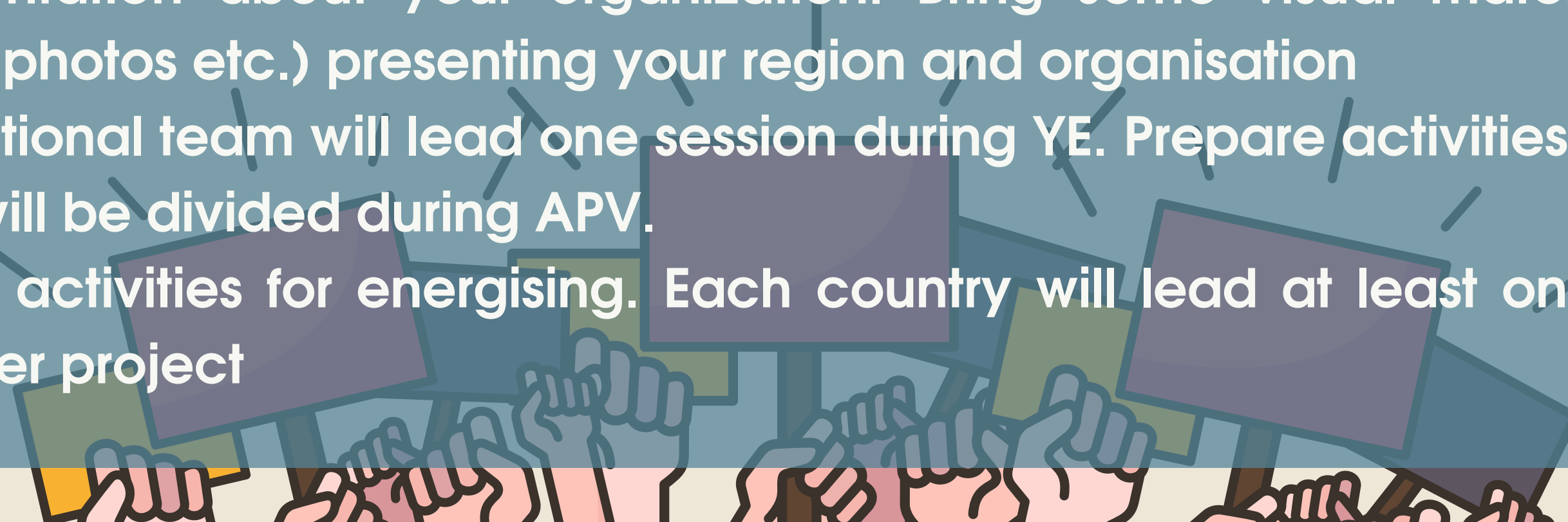


TALLINN



WHAT TO BRING AND PREPARE

- Casual clothes for all types of weather, including rain. The camp is located in the countryside, within the Lahemaa National Park – a forested area. We advise bringing comfortable sportswear. Also, you can take swimsuit. Check the weather here: <http://www.weather.ee/>
- Any medications you may need
- Cash for the small shop in the camp (€)
- A presentation about your country and national food for “Intercultural evening”
- A presentation about your organization. Bring some visual material (posters, leaflets, photos etc.) presenting your region and organisation
- Each national team will lead one session during YE. Prepare activities in advance. Topics will be divided during APV.
- Prepare activities for energising. Each country will lead at least one energising game per project



TRAVEL INSTRUCTIONS

Each group will have its own arrival and departure times. We are responsible for meeting each group and transporting you to the place where the transfer will be organized.

Arrival in Tallinn – 1st May (Dinner is the first meal at the camp)

Departure from Tallinn – 8th May (early breakfast in the Hostel in Tallinn, because the last night will be in Tallinn)

Transfer from Tallinn to Tammispea village will be provided 1st of May at 18.00 (if you are not able to arrive earlier, we will negotiate about it)

We will pick you up in the place of arrival (bus station, airport) and after all participants have arrived, the whole group will be taken by a bus or by car to the location of our youth exchange. This final ride is going to take about one hour from Tallinn (70 km). Please keep a contact phone number with you at all times and ensure your mobile is fully charged on the travel days! We will assist those who wish to exchange money after arriving in Tallinn.

If, according to your travel details, you and your group need to stay in Tallinn longer than the project activity dates, we can arrange for you a cheap hostel. However, please note that the Erasmus+ programme does not cover this cost, and you will have to pay for it yourself. Our group can assist you with this arrangement.

FINANCES FOR THE PROJECT:

A stylized illustration of several stacks of Euro banknotes, rendered in shades of blue and teal. The banknotes are shown from a slightly elevated, angled perspective, with some overlapping. The illustration is positioned in the background of the text area.

There is NO participant fee. However, we will collect up to 20€ for excursions and museums in Tallinn on final day.

Please note that we will charge €30 per participant for local transport in Estonia. We will book a private bus from Tallinn to the project venue and back. This amount will be deducted from the travel cost limit sums. Therefore, be aware that €30 will be deducted for the bus!

Keep all flight tickets (boarding passes) and receipts from travel costs for our national agency. If you would like to get your money back, do not lose them.

The money will be returned within a couple of months after the project ends, once the dissemination has been completed.

FINANCES FOR THE PROJECT:

This is the budget allocated to transport for each country. If the limit is exceeded, the resulting difference will not be refunded.



Italy - 360€



The Netherlands - 275€



Serbia - 275€



Türkiye - 360€



France - 360€

OUR DREAM TEAM:



POLINA ZELENSKAJA

Project manager. 20 yo.
Studying Political
Science BA.
Youth worker for 4
years.



ANSENI TSÕGANKOV

21 yo, Studying Cyber
Security Engineering
BA, Chairman of
Tallinn City Youth
Council



GAGIK GRIGORYAN

30 yo, Graduate of
International Relations
faculty, language
nerd and a youth
worker for 12 years



BEATRIZ DE MIGUEL ROSÓN

24 yo. ESC volunteer. Studied
International Relations BA
and Political analysis MA

CONTACTS

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Tickets and technical questions:

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